



## March Munch 2018 survey results

Thanks to everyone who participated in March Munch 2018 and a special thanks to all the students and teachers who completed and returned the survey.

We have summarised the results so that you can see how children from across Western Australia participated in March Munch this year. You might like to compare some of the state results to the data you collected for your class.

### 1. Who filled out the survey?

In total, 138 students completed the survey form.

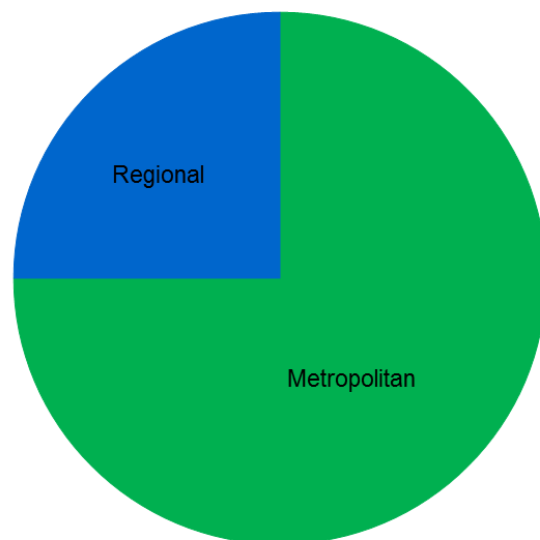
One-third of students who filled in the survey were in grade 2. There weren't many responses from students in kindy, pre-primary or year 1.

We had most responses from students living in the metro areas of Perth.

**Year level of respondents**



**Geographical location**

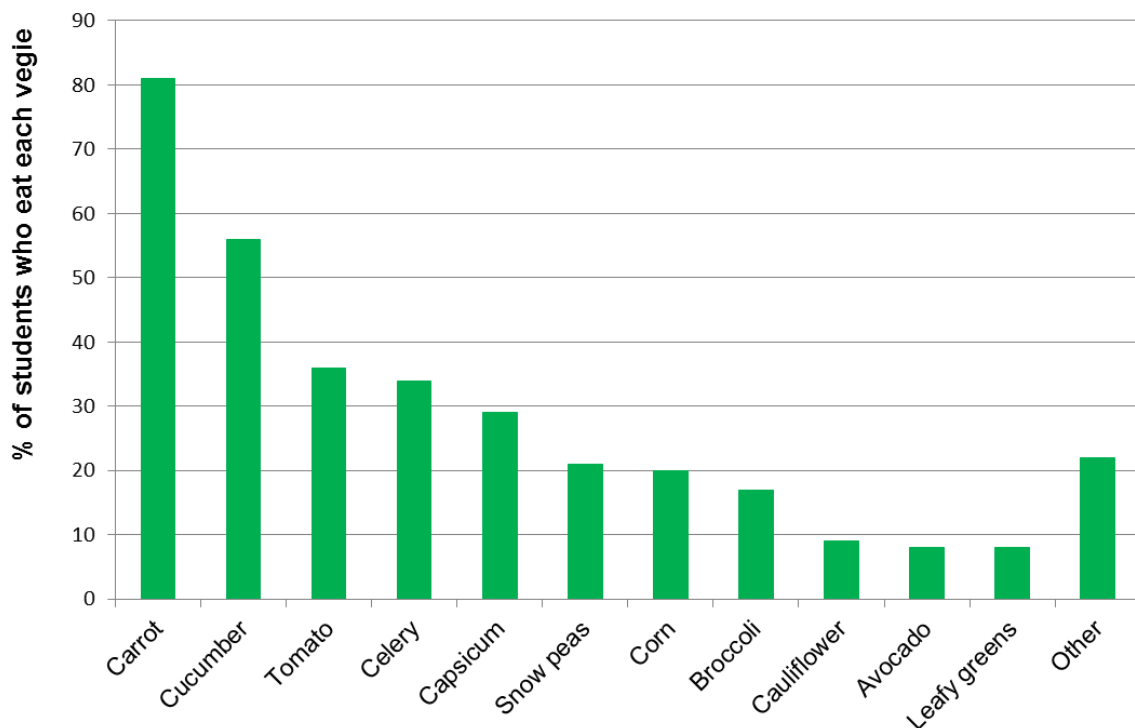


## 2. Vegetables eaten for Crunch&Sip®

Students told us about the vegetables they usually eat for Crunch&Sip®.

The most common vegetable that students have is carrot. Other vegetables that students eat for Crunch&Sip® include cucumber, tomato, celery and capsicum.

### Which vegies do students eat for Crunch&Sip?



## 2. New vegetables tried during March Munch

We asked students to tell us if they had tried any new vegetables during March Munch. For every 10 students we surveyed, 4 said they ate a new vegetable. This is a great result!

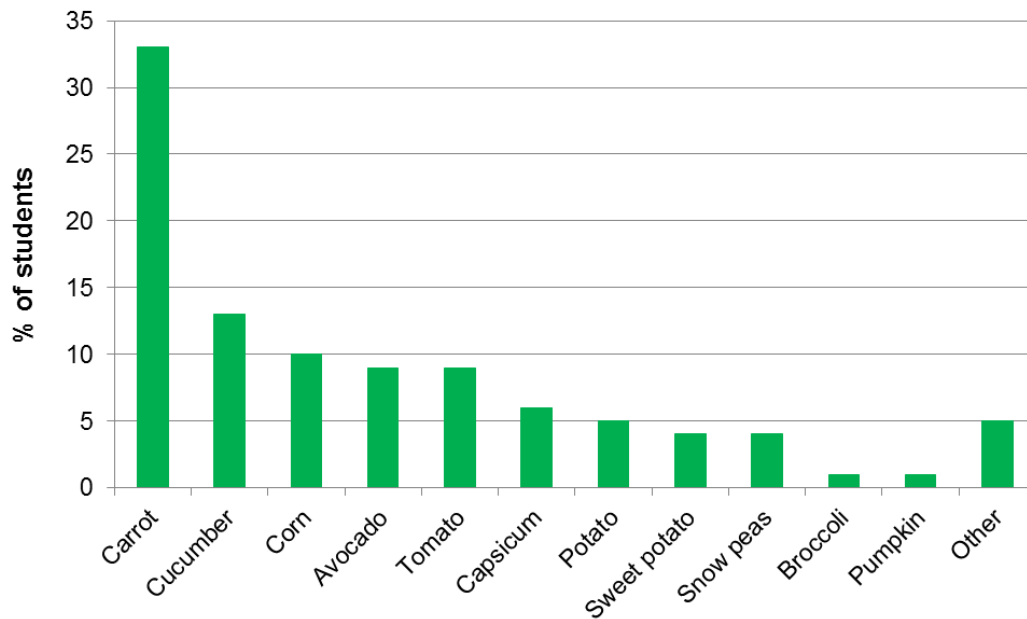
There were a lot of different vegetables that students tried for the first time during March – 24 different vegetables in total! The most common new vegetables were snow peas, tomatoes, celery and capsicum.

### 3. Favourite vegetables

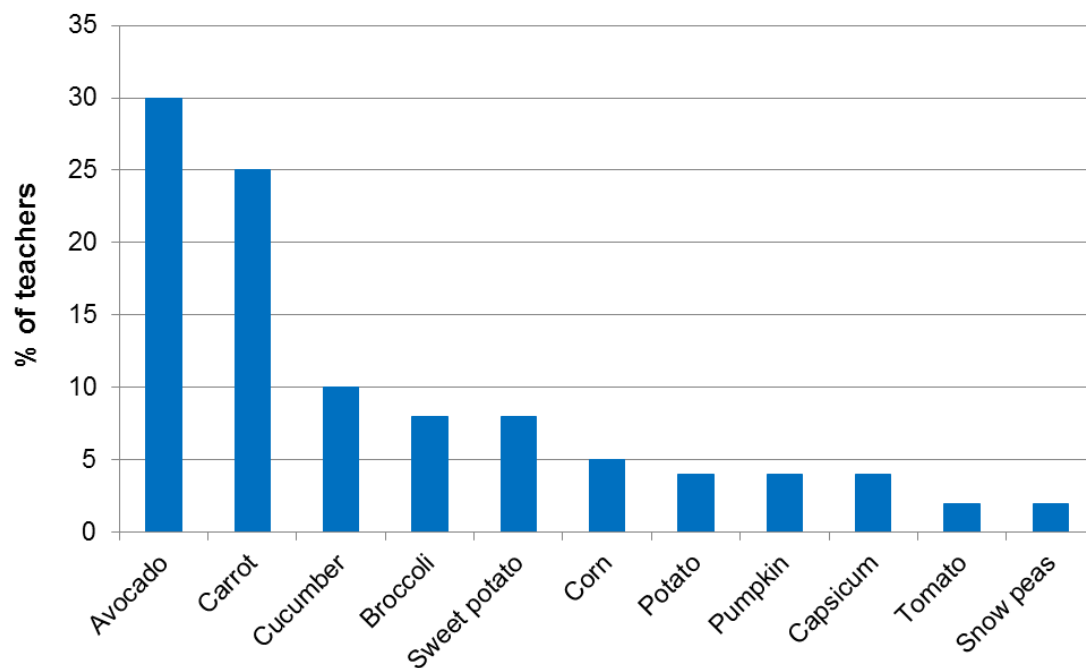
We asked both teachers and students to tell us their favourite vegetable.

For students, the most popular vegetables were carrot, cucumber and corn. Teachers preferred avocado, carrot and cucumber.

#### Favourite vegetable - Students



#### Favourite vegetable - Teachers



#### 4. How many students ate vegetables for Crunch&Sip® during March Munch?

In total, we received completed surveys from 112 teachers. After collating all the data they sent us we found that an astounding two-thirds of students ate vegetables for Crunch&Sip® during March Munch!

March Munch week	% with vegetables
1	64.9
4	63.8

#### 5. Why do students like to eat vegetables for Crunch&Sip®?

You told us why you like to eat veg for Crunch&Sip® and we would like to share some of our favourite responses!

*“It’s healthy and yummy and crunchy.”*

*“They are crunchy and make a crunchy sound.”*

*“I don’t like them that much. But I still eat them. And it’s good to eat them.”*

*“It gives me energy to keep me going. I would normally eat fruit so it was good to have some veggies.”*

*“Because they are healthy and have good vitamins like Vitamin C and they can provide antibodies to fight off diseases and what a vegetable looks like helps that part of the body and I want to have the healthiest body I can and that is why I like to have vegetables in every meal.”*

*“Because it’s healthy and also really yummy too, and it boosts your energy up.”*

*“Because vegetables make your breath smell good.”*